

BRIDGES

READ MY BOOK:
Indian Ernie's message
one of inclusivity and
understanding **P. 2**

SHARP EATS:
Celebrate Sask's
bounty at chef-
inspired events **P. 18**

FASHION YXE:
Former costume designer's
colourful couture sets her
apart **P. 25**

WEDNESDAY, JULY 30, 2016

A STARPHOENIX COMMUNITY NEWSPAPER



BORN TO RIDE

**TIM MOCCASIN HAS A GIFT WITH HORSES
THAT HAS MADE HIM SASKATCHEWAN'S
MOST SUCCESSFUL JOCKEY **P. 4****

FREE

READ MY BOOK

LOCAL AUTHORS: Writers tell us what makes their book worth reading

ERNIE LOUITT

Indian Ernie's message one of inclusivity

Why did I leave police-ing, something I loved to do? Why did I write this book?

Well, I believed, and still do believe, that you only get as much back as you give, and I had need to let it ride over the course of my career. I still feel guilty when I read about tragic calls and often feel that if I had been there I could have made a difference or helped people deal with their tragedy. The reality is there will always be tragedy. The police officers I left behind will find their own ways to deal with their



Ernie Louitt

Just as I had to die. I also wondered if another five years of policing would help me pass along what I learned or would I just

be tired and old when I retired? Writing this book gave me the opportunity to share my hard-learned lessons while ongoing my life as a citizen and, yes, as a spectator. I hope the book gives people a different perspective about the police they see every day. I also hope it gives the police a different perspective on how they are seen by one of their own.

People, including the police, need to know that everything we do affects each other.

My book centers a lot of ground but only truly touches the sur-

face of the complex relationship between police, community and community's law enforcement. There were times when I was angry while writing the book and times when I struggled with some of the scenarios writing brought back. A lot of what I've written is tragic and sad. There are also many positive messages that apply equally to police and the rest of us.

Part of my mission in writing this was to remind everyone that being officers and understanding goes a long way toward making life better for us all.

Indian Ernie was released in November 2013 and is available at bookstores or from the Parach Publishing.



17TH ANNUAL JOHN ARCAND FIDDLE FEST
August 7 - 10, 2014

DAY \$25.00 & WEEKEND \$60.00
12 & UNDER FREE SPONSORED BY:

PotashCorp

FREE Shuttle Service to and from Saskatoon sponsored by: **Affinity**

Special Room Rates at **Heritage Inn**
Hotel & Convention Center

Call or visit our website for details (306) 382-0111. www.johnarcanfiddlefest.com
Just SW of Saskatoon at Windy Acres on Pike Lake Hwy #40

Nightly concerts, workshops, and line dances, fiddle contests

Children's activity area, on site canteen, FREE unserviced camping

Main Stage entertainment starts at 1 pm daily

CULTURAL CAMP - fiddle workshops on traditional Métis art forms

THIS WEEK SPECIALS IN STORE

Home Building Centre Saskatoon

Large enough to suit you, small enough to "fit it" in.
1400 Ave. W. South, Saskatoon, S4S-1S3S
Mon.-Fri. 9am-6pm Sat. 9am-5pm
Serving Home & Business

SHINGLES AND OFF IN END PRODUCT

\$18.99

STARTING AT \$27.24

1/2 3/4" Laminated Flooring \$1.39

#1 Vinyl Siding 2 COLOURS \$49.99

2x4 Cedar Decking 69%

5/4 Cedar Decking 75%

EPDM Rubber up to 2000 sq. ft. Rolls discounted at \$15.00

100'-0" 3000H 4 SIDE FENCING \$1.89

200'00

\$269

ASK ABOUT OUR FREE C&M CATALOG

INDEX

ON THE COVER PG. 4



Tim Moccasin, seen here during the early morning opening runs, holds the North American record for most consecutive days wins. He set it in 2007 at Marquis Downs in Saskatoon. **BRIDGES PHOTO BY MICHELLE BERG**

TABLE OF CONTENTS

READY MY BOOK — 2

Indian film insightful read on complex relationship between police and community's less fortunate

ON THE COVER — 4

Growing up on the Sisseton First Nation, Tim Moccasin never dreamed he would become Saskatchewan's top jockey

IN THE CITY — 8

A moment in time: Photographer Michelle Bergs shot that defines the week

ON THE SCENE — 6

At the National Aboriginal Fashion Week 2008

GARDENING — 12

Three parvosa for the Plains

CROSSWORD/BUZZCO — 16

OUTSIDE THE LINES — 17

After Stephanie McKay's weekly colouring creation for kids of all ages

SHARP BATS — 18

Celebrate Saskatchewan's bounty at chef-inspired dinners

EVENTS — 20

What you need to know to plan your week. Send listings to: bridges@thestarphenian.com

FASHION YKE — 25

Former costume designer's colourful costume sets her apart

WINE WORLD — 27

So Cravena over ice with a slice of orange for easy summertime living

FASHION YKE PG. 25



Beet Wang, a former costume designer, lets her playful side shine in her park ready.

BRIDGES COVER PHOTO BY MICHELLE BERG

Bridges published by The StarPhoenix — a division of Postmedia Network Inc. — at 204 Fifth Avenue North, Saskatoon, Sask. S7N 2P1

Bridges is published weekly. For advertising inquiries contact: 637-6340; editorial: 637-6327; home delivery: 637-6320. Hours of operation are Monday to Friday 8:30 a.m. to 4:30 p.m.

The contents of this publication are protected by copyright and may be used only for personal non-commercial purposes. All other rights are reserved and commercial use is prohibited. To make any use of the material published first obtain the permission of the owner of the copyright. For more information contact the editor at 637-6327.

ON THE COVER

I don't get scared. I don't think I've ever been scared to ride a horse. — *Tim Moccasin*

#TIM MOCCASIN

Jockey came from humble beginnings



Tim Moccasin gets ready for his first race of the night at Morgan Downs in Saskatoon. Moccasin holds the North American record for most consecutive wins, which he set in 2001. BRADIS PHOTO BY MICHELLE BERO

By Jenn Sharp

Tim Moccasin was born to ride.

He's a crowd favorite at Morgan Downs in Saskatoon and Saskatoon's most successful jockey. Many come just to watch him, others all ways bet on the horse he rides

in the Thoroughbred races.

Back in 2001 Moccasin set a North American record by winning 14 straight races at Morgan Downs. He's won more than 500 races in his 19 year career.

"I believe (the record) still stands and it will probably never be broken," he told the

Saskatoon Star. "It's pretty hard to do anywhere you go, no matter if you're in the bush or racing on the Ascot. It's kinder of I was very fortunate that it was me."

Moccasin was the top jockey award for the 2013 race season with 24 wins and is cur-

rently in second place in this year's jockey standings.

But along with all the winning comes risk. Every time Moccasin gets on a horse there's a chance he'll be injured, paralyzed or worse.

He's broken many bones and suffered some awful falls, the worst of which happened

when the lead horse's leg broke and caused a pile up of horses and riders.

"It doesn't scare me but it makes you tip to tell you the truth I don't get scared I don't think I've ever been scared to ride a horse."

Moccasin's 2014 earnings are at \$96, 517

While the money can be good (riders get 10 per cent of whatever the horse makes), the chances of winning are slim. And if you get hurt you're out of a job.

That risk isn't enough to keep Moccasin from doing what he loves though. Horses are all he knows.

He has a natural feel and touch with the horses. Horses respond to how he rides. It's a gift. Not everybody can make horses run the way he does — Alvin Musquas Sr.

"You have to have patience and wait for the right moment. You gotta make it your own," he says of moving up out of a tight spot in a race.

The bell sounds and the horses fly out of the gate. Horses pound down the track. The large crowd roars. On the turn, for horse on every yell comes from the pack. Another jockey has moved into Musquas's lane and shut him out. The plan is abandoned, he doesn't win the race. But he's learned how to lose just as much as he's learned to win.

TIM'S RULES

During a two-hour interview at Musquas Farms, Musquas doesn't sit down once as he walks through the stables, pointing out horses he rides and talking to the trainers. It's clear he's at ease here in the dusty barns and weathered barns, where the air is perfumed with the smell of horse sweat, manure and wood shavings.

It may not be comfortable around the artful and elusive Musquas. Despite his success and fame in these parts, he is incredibly humble and unassuming. Like the cool kid at school, he has a personality that draws people in and makes them want to spend time in his presence.

According to Alvin Musquas Sr., horses love to run for Musquas.

"He has a natural feel and touch with horses. Horses respond to how he rides. It's a gift. Not everybody can make horses run the way he does — they just respond to him. Good riders have that natural feel," he says.

Musquas rides Musquas's Quarter Horses in races where every split second counts — they only last about 30 seconds. Musquas usually is a winner; some ride his horse as prize sprinters.

"It's the best jobbery around. It's been the top rider for how many years here," he says.

Musquas remarks on Musquas's horses, telling him they get their training again soon. He recommends his favorite farms, explaining how they should be done as there's no training on the side.

"You've got some nice horses here. You look after them right, they'll pay



Tim Musquas leads his daughter Denise after his last ride of the night. She just arrived and will spend the next two weeks with him. **ROBERTS PHOTO BY MICHELLE HARRIS**

you back."

These are the rules Musquas lives by — invest in your horses and they'll run their heart out for you. Each horse is different. You have to know the animal and what he's ready to give you on any given day.

"It pays off in the end. You gotta be horse smart like that and know what's going on in your life. You have to look after that the best way you can," says Musquas.

He teaches frequently to race and work with horses. But when he's in Salsdon, he's at the track. Early mornings are spent exercising the horses, closing stables, feeding and

grooming.

Cliff McShane owns Tim's Rules, the top horse at Musquas Farms for the last three years.

"I've had the privilege to finally run him, like came on strong at the end. They should change his name to Tim's Rules," says Musquas with a sly grin as McShane laughs.

Musquas rode him in his first race of the season but left him back. It's better to start out a little slower and build strength in the horse as the season progresses.

"I didn't want to take too much out of him. You gotta look after nice horses — they'll give you their all,"

he adds.

When asked why he wanted Musquas riding Tim's Rules this year, McShane says, "He's the best. I try and get him on (Tim's Rules) as much as I can, but it's tough to get him."

Spending time with Musquas at the track is akin to going back to the cattle shop in your hometown — everybody knows him, respects him and shares a connection of some kind.

He lights up with excitement, his eyes sparkling when he talks about his children.

His eight-year-old daughter, Ben-

nie is coming to the track tonight and staying with him for the next two weeks. He hasn't seen her in more than a month and anxiously awaits her arrival.

Bernice and her brother (16 and under (14, live with their mother like and Musquas are separated) on the Kernerhouse First Nation.

"Thank you for working out. We were starting to fight in front of the kids a little too much," Musquas says of the separation.

His oldest son, 13, lives with his mother in a different province. It's been years since Musquas saw him and it grows him to talk about it.

IN THE CITY

JULY 26, 2014 — 3:04 P.M.

Fur trade show



Melissa Housh (left) in a fursuit and Michelle Schmitt play (clockwise) during the Best Furry Photo of the Year contest at the 2014 FurCon, held at the Sheraton Hotel in Vancouver.

OTS

#NATIONAL ABORIGINAL FASHION WEEK 2014

National Aboriginal Fashion Week (NAFW) delivered a diverse experience on July 24 and 25 at the Sheshaan Cavalier. An exciting lineup of 12 new and emerging fashion designers presented collections ranging from street wear to eco-friendly and aboriginal inspired designs. NAFW is a platform for emerging designers in North America and provides quality events, catwalk fashion, modeling and the music industry. Apart from the runway shows, live performance by Saskatchewan recording artists were a highlight of the event.

1. Left to right: Amanda and Stephanie arrive with Robin and Patricia Wain.
2. Joe Moroch takes a quick photo of models Joanne and Joanny Dean.
3. Charlene Pothuizen of Omen Lake applies her lashes.
4. Seating: left, Little Kai and Leah Balfour.
5. McKenzie Gurnett.
6. Marco's Tasha Caribbe applies hair spray to model Eliah Archibald's hair.

BRIDGES PHOTOS BY GORD WALDNER

PAGE 10: Models walk the runway in a variety of looks from the new and emerging designers showcased at NAFW.

PHOTOS COURTESY BOB HOLTSMAN



Authentic Amish Cooking



COOKING BOOKS AUTHENTIC AMISH

Whoopie Pies

2 C. Apple Sugar
2 C. Eggs
1/2 C. Salt
1/2 C. Oil
1/2 C. Sour Milk

1/2 C. Shortening or Lard
1/2 C. Cocoa
2 C. Powdered Sugar
1/2 C. Vanilla
1/2 C. Oil

Mix eggs, oil, sugar and vanilla. Add flour, salt, cocoa, sour milk, and vanilla. Beat for 10 minutes. Bake for 10 minutes. Bake for 10 minutes. Bake for 10 minutes.

1/2 C. Vanilla
1/2 C. Oil
1/2 C. Vanilla
1/2 C. Oil

Preheat Sugar in right temperature. Put baking in the middle of the oven.



1/2 C. Vanilla
1/2 C. Oil

Overnight Caramel French Toast

1/2 C. Brown Sugar
1/2 C. Eggs
1/2 C. Vanilla
1/2 C. Oil
1/2 C. Vanilla
1/2 C. Oil

1/2 C. Brown Sugar
1/2 C. Eggs
1/2 C. Vanilla
1/2 C. Oil
1/2 C. Vanilla
1/2 C. Oil



Authentic Furniture

Custom Solid Wood Heirloom Pieces



Amish Style & Quality
 Heirloom Furniture
 Custom Designs

Custom Finishes
 Full Catalogue
 Available

Visit our Showroom



510 Circle Drive E. Saskatoon • 306-935-9397

authentic.furniture@sasktel.net

ON THE SCENE

NATIONAL ABORIGINAL FASHION WEEK 2014



JEFF SCROGGINS & COLORADO - LOS TEXANOS
THE BLOOM RAMBLERS - LE VENT DU NORD
THE CUMBERLAND BROTHERS - CALVIN VOLLMATH
RYAN USLOTT - FREDRIE & SHEILA PELLETIER - THE GRADGRIPPERS
 Sunday Morning Gospel with 140 Artists in 3 French - Shared by Jesse Poirier

FRIDAY AUGUST 15 - SUNDAY AUGUST 17, 2014
 24 Ave. 1st of July, Saskatoon, Saskatchewan S7N 0A1, Canada
 Tickets: \$10 - \$25 (incl. tax) / \$15 - \$25 (incl. tax) / \$15 - \$25 (incl. tax) / \$15 - \$25 (incl. tax)
 For more information or to buy tickets, visit: www.northernlightsfestival.ca

NORTHERN LIGHTS BLUEGRASS & OLD TIME MUSIC 2014 FESTIVAL

9 HOURS ON YOUR FEET NEVER FELT SO GOOD

Factory Workwear
STURGEON WORK
REPAIRING

OPEN AT 7:00 AM

**#3 - 662 Circle Drive E.
 Ph: (306) 653-4800
 #10 - 1701 8th Street E.
 Ph: (306) 244-4800
 Toll Free: 1-877-653-4800**

STURGEON WORK

REPAIRING

CARNEGIE MEDICAL SUPPLIES

Saskatoon's Only Medical Supply Specialists Inc:
 • Ostomy • Incontinence • Mobility • Wound Care • All post hospital needs

Come in and see us today at:
2301 Miller Avenue, (In Miller Place) Saskatoon, Sk.
(306) 668-3998

TAKE SOME TIME FOR YOU AND GET THE WHOLE STORY.

The StarPhoenix
SUBSCRIBE
 Call 1-877-438-6666 or email subscriptions@starphoenix.com

The StarPhoenix
 1000-10th Avenue, Saskatoon, SK S7N 0A1

(OR AS SOME LIKE TO CALL IT THE "MID-TOWN" EDITION)

Save up to \$2100

in Manufacturer's Rebates from Gregg's*

PLUS

**180
DAYS**

0% INTEREST**

- ✓ No Deposit
- ✓ No Interest for 180 days
- ✓ No Payments for 180 days



Gregg's
ONE HOUR
HEATING & AIR CONDITIONING
Always On Time...Or You Don't Pay A Dime!®

Call us Today
306-373-4664

Gregg's
HOME SERVICES

503 51st Street East

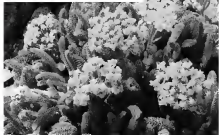
*Receive a rebate on your qualifying purchase of Gregg's Home Comfort System and/or Trilekco Water Heater from July 1 until August 31, 2014. For more information, contact Gregg's.

**Receive 180 days deferred payments and 180 days no interest on the purchase of any qualifying Gregg's Home Comfort System and/or Trilekco Water Heater for a maximum of 120 months to qualified retail customers on approved credit (SAC). Down payment not required. Applicable taxes apply on full amount of purchase price and may be included as net amount financed. Call for further details.

GARDENING

GARDENING IN SASKATCHEWAN

Three yarrows for the Prairies



Shelf ready yarrow plants courtesy of Sara Williams.

By Sara Williams

The common yarrow (*Achillea millefolium*) has more a long way since the days when Dr. Ross was considered the standard. But the yarrow was more to disappear with thistlegrass, invasive habit and landscape colour. Get ready to welcome more introductions.

In general, yarrow has flat flower heads atop ferns, finely cut, aromatic dark green foliage. The cultivars range in height from 30 to 60 cm. While many of the older ones were rampant spreaders, the newer introductions are much better behaved. They're more upright, clump-like, less likely to overrun your borders and come in striking colours.

Sauvageant (*Achillea pleurata*) has ground-piercing goodness for over a century. Its roots and leaves were once used as a cheap replacement for snuff (opium) to the Greek world for years; that's the common name. Native to Europe and Asia, and naturalized in North America, Sauvageant is covered with hundreds of tiny, double, pure white flowers in July and August on 45 to 60 cm stems. The foliage is fern-like and somewhat pungent.

Plant it in full sun on poorly well-drained soils. In richer soils they may become invasive. Divide every three to four years.

Sauvageant is useful in informal borders and for landscaping, as well as fresh and dried flower arrangements. Older varieties are *The Pearl* and *Henry's White*.

Newer introductions include *Angela's Breath* with large, double white flowers (50 by 60 cm). *Noblesse*, a more compact, double white (50 by 40 cm) and *Kalendera*, a sturdy upright with compact forms and double flowers (50 by 35 cm).

All are a good substitute in floral arrangements for the common wild yarrow's beauty. A low-growing plant (30 to 35 cm) dwarf yarrow (*Achillea nanus*) is ideal for hot, dry areas where the gang is tough. *Therese*, meaning hairy or woolly refers to the foliage, which is aromatic, finely cut and a soft woolly grey. The flowers are yellow and produced in flat clusters just above the foliage in June. The leaves form a dense mat.

Plant woolly yarrow in well-drained soil in full sun and in a hot dry site.

Woolly yarrow is excellent as a ground cover, edging for side-planting among paving stones toward the edges of a walk or patio, or in a rock garden. It is easily moved for a neater appearance or rejuvenation at midseason after flowering.

Could be a better introduction with larger, less likely golden flowers.

The Marr Residence

325 11th Street East
Ten 10th floor to the adjacent house in Saskatoon
and all its original walls.

SUMMER PROGRAMS AT THE MARR AUGUST 2014

Sunday, August 3 | 10:00-11:00 | Twelve Second Hand Book Store
Don't miss this 2nd-hand, new and helpful collection of 12th story place.
(Saskatoon, open: 10:00-11:00)

Sunday, August 3 | 10:00-11:00 | Peter's Games
The Debutante Game Store will be featuring games and cards from the Little House School to the 19th. Come and play! See May Day to 10:00!

Sunday, August 3 | 10:00-11:00 | Open House
Join us for a tour of the house and enjoy the services of the lovely Mrs. Gail.
Sunday, August 3 | 10:00-11:00 | Antique Appraisal
Bring your family treasures to the Marr Residence where our local antique expert will tell you more about it.
\$7 per item. Last two items per person.

Sunday, August 3 | 10:00-11:00 | The Last Days
This popular Saskatoon group and performers in 19th-century costumes. The house will also be open for tours.



Friday and Saturday, August 1 and 2, 2014
Project of the Marr Residence from 1913 to 1917. A Project Three
The year 1913 and it is to be a unique new fall or winter. With Saskatoon
gave away from a walk-up house to the house of the house. The house
was on the 10th floor of the Marr Residence. For admission:
Tuesday 10:00-11:00, August 12, 19
Thursday 10:00-11:00, August 14, 19
For more information about this program contact: Andrea, 300-11th St. W.
Saskatoon, SK S7N 1A1
New Saskatoon 306-833-1201

Clip and Save

Nuts About Nature

At Beaver Creek Conservation Area

In-kind: My name's Chip, and I live at Beaver Creek Conservation Area.
Visit my backyard with your family and friends and enjoy some time away from the city.





Dear Chip, How do beavers eat down trees?
 Trevor

Dear Trevor,
Beavers, such as myself, cut down trees and shrubs with our front teeth. At the front of a beaver's mouth are four large orange-coloured teeth called incisors. The incisors have a special coating of hard enamel which wears away more slowly than the rest of the tooth. Because of the uneven wear pattern, a sharp biting edge is produced. A beaver's chewing force is 70 kg per square inch (compared to a human's punch 30 kg)! No wonder a beaver can cut through a 20-centimetre-thick aspen tree in just 10 minutes! To cut down a tree, a beaver usually begins by using its incisors to scrape the bark away from around the base. Then, standing upright on its hind legs and using its tail for balance, it begins to gnaw away at the trunk. Several bites are taken before each chip is piled out. Beavers cannot predict which direction a tree will fall, although they are rarely caught underneath! Once a tree is on the ground the beaver will eat of the branches. As each branch is removed, it is dragged into the stream or pond where the beaver will eat the bark and leaves. The leftover branch is then used for building material.

Send your questions to me at the address below, then watch for replies for the answers.

Your pal, Chip
P.O. Box 1000, Beaver Creek, Saskatchewan
S0K 1A0
Chip is on his way to 1000
July 1st to 1000th Street, Saskatoon, SK
Saskatoon, SK S7N 1A1
Email: chip@beaverarea.com



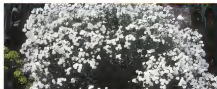
Meewasin

400 Victoria Avenue
400 Victoria Avenue
Saskatoon, SK S7N 1A1
Phone: 306-975-1234
Fax: 306-975-1235
Email: info@meewasin.com

GARDENING



Summer patch yellow PHOTO COURTESY SARA WILLIAMS



Flowering spirea PHOTO COURTESY SARA WILLIAMS

YARROW-GROWING TIPS:

This long-flowering perennial can be used as a focal point in the perennial border and in fruit and nut drift arrangements. A bonus feature: It's also a butterfly nectar source.

- Grow in full sun or well-drained soils
- If a drought tolerator once established
- Do not fertilize or yarrow will become flop

By Olden varieties spread readily by rhizomes and need judicious control (with a sharp spade) within a border.

- Divide every three to four years
- Deadhead for a neater appearance and more continuous bloom

YARROW CULTIVARS:

Summer Pastels: An All America Selection winner, available in pastel shades of pink, rose, apricot, violet, red, beige, purple or white.

Purplella: Flowers of the same rich colour as the sport with yellow centres atop dark green foliage (30 cm). Blooms from midsummer to fall.

Terrawater: Colour of a terracotta clay pot. 75 to 80 cm.

Summer Breeze: New introduction, largely overlooked on the Prairies but worthy of trial, resembles Summer Pastels but with a blend of deeper brighter rose fading colours (30 cm to 50 cm) with 10 to 15 cm flower heads.

Apricot Delight: Another new, larger, late season variety worthy of trial, compact form and pale apricot to near red flowers (36 to 39 cm).

Fire King: Deep crimson red 38 to 48 cm.

Here's must-read books are *Gardening Without the Chemicals* by Rosemary Barlow for the Prairies, the new and updated *Creating the Prairie Landscape* and *The Saskatchewan Zoo & Botanical Garden, a Photographic History*. She will be leading a garden tour to space this fall. For info visit www.saskgardensociety.com

Have a gardening question? Contact Garden Line, 366-666-5655 or gardenline@post.ks

This column is provided courtesy of the Saskatchewan Perennial Society (www.saskperennial.com, horton@yellow-rose.com). Check out our bulletin board or calendar for upcoming hort culture events (Jubilee & Learn at the Botanical Park, garden tour, garden book launch).



SUBSCRIBER REWARDS

Win gift cards, tickets & more!

Saskatoon today!
Call 877-8326 or email
subscribe@thestarphoenix.com

Beaver Creek Conservation Area

At Beaver Creek there's a shepherd and a border collie herding a flock of sheep.

Now That's Neat!



August 2, 3 & 4 bring your family and friends to discover why sheep are neat at Beaver Creek.

Participate in a live demonstration of the working partnership between shepherd, dog, and sheep that is based on predatory techniques observed in the wolf pack. Sheep, shepherd, and sheep dog together are an economically viable and environmentally sustainable method in which to manage and conserve the biodiversity of our prairie landscapes.

Two programs daily at 9:30 a.m. and at 2:30 p.m.

This program may be canceled due to weather conditions.

Beaver Creek Conservation Area
13 km South of Saskatoon on
Highway 219 off Lorne Avenue South

July & August 9:30 a.m. - 5:00 p.m. Daily
Phone: 306-374-2474 Fax: 306-665-6117
E-mail: meewasin@meewasin.com
www.meewasin.com



Red Cross
Blue Water
Project

Meewasin



Make your child's birthday extra special this year

A birthday is a big day for any child, and especially for kids 3 to 6. With busier work and school schedules, parents are challenged to find the time and the creativity to make kids' birthdays extra special. Here are some tips for easy and creative ways to make your child's birthday truly special.

"There are many fun and easy ways to make your child feel extra special on their birthday. It is amazing how these little touches can make such big and lasting impressions," says Tish Dalbey, the author of *Posidoodle: a new children's book that tells the story of joy, the birthday long*. Here are some simple ideas to help your child feel special.

START THE CELEBRATION EARLY. While the child is sleeping, sneak into the bedroom and decorate with balloons and streamers. Cover the floor or stuff the closet with balloons. Turn a bed or couch that leads from the bedrooms to the breakfast table.

PROVIDE SURPRISE BIRTHDAY WISHES THROUGHOUT THE HOUSE. Hide birthday wishes in unexpected places. Using wax, craft a birthday greeting on the bathroom mirror, the kitchen window or the rear window of the car.

INVOLVE THE WHOLE FAMILY. If there are siblings or other relatives in the house, have them wait on the birthday

child. Even the family pet could wear a special birthday hat.

CREATE A FESTIVE ENVIRONMENT FIT FOR ROYALTY. Consider dining at the fancy table in a room reserved just for special occasions. There you can pull out all the stops to make your child feel like a real prince or princess.

CELEBRATE LOUD AND CLEAR. If possible, find a way to celebrate the most important of the child's birth with lots of people—perhaps blow some horns or bang the pots.

BREAK THE ROUTINE. This is a day unlike any other, so don't follow the same routine. Get creative with the food you serve, its color and how you serve it. Instead of making the child wait to open presents, start the day by opening at least one very special present.

COMMUNICATE WHAT'S SPECIAL ABOUT YOUR CHILD. This is the time for letting your feelings show. Take turns going around the table and let everyone in the family give one reason why the birthday child is special.



LUNCHBOX SURPRISE. Pack school lunches as normal, but take a few extra minutes to wrap the birthday child's sandwich in gift paper. Imagine your child's smile as he or she unwraps the most special sandwich at the lunch table.

START A NEW TRADITION. Make this birthday as special as that year's little ones will already be counting down the days until the next birthday. Consider doing the same thing every year. Start by reading a special story the night before the celebration or take a photo in the same location during the same thing each birthday to see how much has changed in just one year. For more ideas on how to make birthdays extra special, visit www.posidoodle.com.



Experience our Spin on Entertainment

Super Fun Kids Parties



eastview • fairhawn
373-4333 bowl 312-2122

huntersbowling.com

Wet Paint Pottery

A VISIT YOUR OWN POTTERY STUDIO!

Kids and Adult Parties!

School & Kids Groups!

Work & Adult Groups!

If it's a party we'll do it!
www.wetpaintpottery.com

ABOUT THIS COMPANY:
These parties were produced by The SouthFlorida Advertising Department in partnership with Wet Paint Pottery. A national advertising and not endorsement in the creation of this content.



hday Party Ideas!

Balloon artist gives kids' parties a new twist

by Jackie Hinkley
for SP Creative Features

Balloons and kids go together like peanut butter and jelly. There's no better way to entertain children at a party than to give them balloons, but when that balloon becomes a sword,

cross or giraffe, it's a hoot as much fun. "Twisting balloons into hundreds of creatures and objects has gone from a hobby to a full time business for Warren Johnson, owner of BalloonFun in Saskatoon. Johnson handed out his first business card in 1999. "What got him into the business?" "It was pretty simple to do," says Johnson. "And it suggested me that people would pay me to do it," he says, laughing.

There's no actual training for balloon twisting. Johnson sought out books and found one that taught him how to make 20 different animals. "Persons of them were almost identical," says Johnson. "Now he makes too many to count—upwards of about 300 different animals and other shapes. His latest party twist is a sword and belt, which can be done in about twenty seconds."

Johnson claims to be Saskatoon's best balloon twister, albeit a bit tongue-in-cheek. "No one else makes a living wholly from twisting balloons," quips Johnson. "I'm just being silly but I am the best in the province. I mean it, and I can prove it."

Johnson's sense of humor and dedication to his craft has resulted in a pretty full schedule. Not only does he entertain at children's parties, but at adult parties as well, as corporate and community events. Johnson also works at two different restaurants and occasionally does work in some casinos. All this adds up to over \$200 per hour per year. "Last year I worked every Sunday I was available except one." Booking 10 months in advance is advised.

Johnson wasn't always twisting balloons. At one time he worked in the health care industry. Balloons allow me to have a somewhat more relaxed life than other people, but then I have to work every weekend and evenings. No sick time no

vocation pay, if I don't show up I don't get paid."

Johnson's parties are unexpected. He does a humorous entertainment routine and carefully sizes up his audience. Johnson likes the fun factor that he has with the kids who are waiting for their balloons. "I can be almost merciless with boys when they recognize," he says, laughing.

At kids' parties, each child receives at least one balloon, and depending on how many kids there are, Johnson will do one even two or three. He works as fast as possible and uses his sense of humour to keep those waiting in line for a balloon entertained.

Johnson explains that these are standard: those balloon twists that every child wants. "Girls want butterflies, flowers, and princess characters, while boys like weapons, swords

and guns and anything along that line." If the parent or organization doesn't want balloon weapons then Johnson creates those and uses more ideas. Flying spaceships, dinosaurs, hot men wings, or any other animals the child asks for.

Johnson has birthday parties too, and Johnson's been booked for those events as well. "The oldest was a 100-year-old woman," says Johnson. He says he also gets a lot of the turning 40 parties and wedding anniversaries. "Balloons are always fun," says Johnson. "I've always enjoyed doing them. I could easily be best as busy as I am."

To book your own balloon twisting fun, go to www.balloonfun.com or call 306-341-FUNN (3866).

Hinkley is a Dandelion freelance writer



Balloon artist Warren Johnson demonstrates a few of the 300 different animals and characters he creates at local parties. Photo: SP File photo

GRIP IT! CLIMBING

GROUPS - PARTIES

BIRTHDAY PARTIES

The party packages include two hours of climbing and all because we chose rentals for kids. It is mandatory that at least one instructor be present for the most to keep a record of everything. It is necessary that 2 kids that a natural instructor or parent or parents are present to help. *Plus 2 kids per adult

1-3 children	\$15/dollar	Each instructor	150
4-6 children	\$18/dollar	2 instructors (optional)	150
7-10 children	\$11/dollar	Party Room (optional)	150
11-15 children	\$13/dollar		

GENERAL GROUPS

Included with the General Group is a climbing tutorial, two hours of climbing and all because we chose rentals. An instructor is mandatory for any group over 10 children. If the group is 10 or less and under an instructor is mandatory.

6-10 children	\$10/dollar	Party Room (optional)	150
11-20 children	\$10/dollar		
21+ children	\$10/dollar	*Plus 2 children per adult	
*Child discount	save \$5 off		
10% or more	above price per adult		

IMPORTANT:

Children must be the age of 4 and must have a parent or legal guardian present. All children must be supervised by an adult at all times. No alcohol or drugs are allowed at the gym.

WITH MEMBERS

Members can book parties at a discounted rate. For more information, please contact us at 306-944-7122 or www.GripItClimbing.com

Celebrate your birthday at

Can-Am Gymnastics Club!

We offer fun and hassle free birthday parties for all ages

Guaranteed to be active and entertaining!

Call
306-931-4033
to book your party at Can-Am

#CROSSWORD

NEW YORK TIMES Edited by Will Shortz

ACROSS

- 1** Brunch
5 Car radio feature
9 Back of a 44 record
14 Telephone keypad
15 Wild hair
16 Regarding to
17 Without (name a singer)
18 "I'm game!"
19 It's not bad
20 Mechanically
21 Copulator; employees
22 what they're in
23 "It's a
24 Food
25 "Giddy" mood
26 Food-light cooler
27 The Buckeyes' arch
28 He is to the right of
29 South on Mount
30 Rushmore
31 Site with a "Tree left"
32 theme
33 Scenery chaser
34 It might reveal more
35 than a simple X-ray
36 Result of Santa
37 misreading his
38 partner's
39 Like online activities
40 Cotton seed remover
41 Hula ho
42 Dunsenford for Dresden
43 direction
44 Traps in a warehouse
45 Maryland athlete for
46 sport

- 47** Drop when one is
48 down?
49 The "Y" in
50 James H. Pyle

DOWN

- 1** Some sleep up arms
2 Like the Statue of
3 Liberty at night
4 Profile with science
5 Story set on/about
6 Olympia
7 Up to the job
8 Homer
9 Imperson a wedding
10 tulle
11 Round one
12 Veterans in "A Website
13 in Time"
14 It may be down-turned
15 on a city map
16 Soapbox
17 "...much abou?"
18 Traditional meat in a
19 burrito pie
20 Fresh up
21 Baseball's Quaker
22 on his aerobically
23 conservative
24 nearby
25 Redman for
26 Friedman's Lubliner
27 Heals
28 Last of the barns
29 Power in p.
30 Square in IT (grad.
31 S&B)
32 Admiral Zernwald
33 Skinned view
34 Helmer Abbe
35 Knoxville, Tenn. Abbe
36 Healer; Houston park
37 Tennessee based on
38 a boy
39 Tabor's concert
40 Independent option
41 ... room
42 500,000 a better sub-
43 on
44 People called
45 Easy-baked-but-two-
46 penner
47 Heals with words
48 Set of "dewdrops of
49 Queen Elizabeth
50 "Waterfall" sound
51 Set new Beverly Hills
52 Like an enigma in
53 "May of '33" track
54 Miles and miles away

JARRIC CLASSIC SUDOKU

Lavett Oliver
 Fill in the blank cells
 using numbers 1 to 9.
 Each number can ap-
 pear only once in each
 row, column and 3x3
 block. Use logic and
 process of elimination
 to solve the puzzle.
 The difficulty level
 ranges from Bronze
 (easiest) to Silver
 to Gold (hardest).

	5	4		8		9		
			5			3		
2				9		5		7
	1				6	2	4	
5								3
	9	2	3			8		
2		7		8			5	
	6				4			
3		9				4	2	

Solutions to the
 crossword puzzle and
 the Sudoku can be
 found on Page 27



SEND US YOUR

FAN

UPLOAD TO

thestarphotoenix.com/myphoto

YOUR PHOTO COULD BE PART OF OUR FAN PHOTO PAGE!

The StarPhoenix

OUTSIDE THE LINES



Colouring contest

Each week, Stephanie McGay creates a timely illustration meant to please kids of all ages.

Children can colour the page (see a

picture taken with the finished product and email it to bridges@thestarspeakers.com. One winner will be chosen each week.

Please send entries by Monday at 5pm.



Last week's contest winner is Jesse Turnbull, Age 6. Thanks to everyone who submitted entries!

SHARP EATS



Flowers and herbs from the Moss Creek Forest Garden. PHOTO COURTESY MOSS CREEK MUSIC SOCIETY

GREAT SASKATCHEWAN MUSTARD FESTIVAL

WHERE: The dock of the Wilcox on Wharfedale in Regina

WHEN: Aug. 24, 11 a.m. to 3 p.m.

WHAT: Bear from chef Michael Craig's festival to celebrate Saskatchewan's mustard crop returns for another year. Regional top restaurants will be represented, each presenting their own dish featuring mustard. Expect bite-sized samples of everything from appetizers to desserts, plus a gift bag at the door and entertainment by the 746 O'Beas Band.

WFO: Cooked and participating restaurants are Bear from Wilcox on Wharfedale, Green Kitchen & Wine

Bar Riverside Barbers, DoubleTree by Hilton, Great Catering, Leopold's Tavern, Cathedral Village Presbytery, Hotel Saskatchewan, Creek on Cathedral Square and Seaford.

BOW MECH: \$60 per person at the door, kids 14 and over pay \$49; ages under 14 are free (for all) you can eat samples.

FARM TO FORK FESTIVAL

WHERE: Pioneer Farms, north of Saskatoon

WHEN: Sept. 7, locally sourced cocktails at 5, dinner at 6

WHAT: A celebration of local chefs and farmers in the Saskatoon

area, the dinner will feature chefs from the Saskatoon Chef's Association cooking up a tantalizing feast in the hotel (family 5 form paid).

WFO: Chefs include Anthony McCarthy (Saskatoon Club), Trevor Robertson (Saskatoon Hotel), Darren Craddock (Riverside Country Club) and Doug Rymond (Saskatoon Inn). Food will come from Pioneer Farms, Denlock Farms, Floating Gardens and Goodness Gardens while the wine is courtesy of Loving My Winery. More chefs and producers will be added in August.

BOW MECH: \$95 per person, local timberland silver fork tickets are after Aug. 15 to purchase.



Cucumber salad at a festival in Regina in August. PHOTO COURTESY MOSS CREEK MUSIC SOCIETY

FOREST GARDEN FALL SUPPER

WHERE: Moss Creek Festival site 10 km north of Big River

WHEN: Aug. 31

WHAT: The first fall supper, if what is expected to be the annual event, is a way for the Moss Creek community and friends to enjoy the fruits of the Moss garden. Expect a wonderful dinner featuring the set of featuring wild rose petals, blueberries, herbs, lettuce, home-made garden vegetables and Labrador tea, plus Pome Felt and locally-sourced beef. The evening will start with guests picking their own greens in the garden then, handing them to Chef Jenna and her kitchen team.

(who will be dressed in earthy flower garlands to wash and assemble on each herb in the forest. An appetizer course will be served while walking out to the drum circle. Soup in tea cups will follow at the drum circle where guests sit at in blue kites or tree stumps. Dinner and dessert will be served back at the garden.

WFO: Chef Jenna Williams
BOW MECH: \$48 per person or \$250 per table, for reservations and donations: mosscreekfestival@gmail.com

Are you thinking of an event or event? Send a note to: jackson@timberland.com and David a pre-hire from your dinner? David@timberland.com

EVENTS

MUSIC

Wed., July 30

Verse the Sun
Buds on Broadway,
877 Broadway Ave.

Thurs., July 31

Pony Boys
Credence Restaurant & Lounge,
1-227 Pinthouse Dr.

The Blue Mules
Buds on Broadway,
877 Broadway Ave.

Blakeridge w/ Cedar Sky
and **Charger**
Rock Bottom,
6341 Broadway Ave.

Fri., Aug. 1

Kashmir
Buds on Broadway,
877 Broadway Ave.

The Backbeats
Army & Navy Club,
320 First Ave. N.

Alan Wong w/ Rebecca Perry
McNally Hallmark,
3110 Eighth St. E.

William and the Shadowes
Redfield Senior Center,
163 Fairmont Ct.

Mo Marley
Amigos Cantina,
632 10th St. E.

SBERS
Rock Bottom,
6341 Broadway Ave.

Sat., Aug. 2

Kashmir
Buds on Broadway,
877 Broadway Ave.

The Backbeats
Army & Navy Club,
320 First Ave. N.

Lane Davis
Nutana Legion,
3021 Louisa St.
Wagga Wagga
McNally Hallmark,



Drum Nims plays a set with Steve at Credit Union Centre on Aug. 2 at the festival. KATHY BROWN

2020 Eighth St. E.

Cowpuncher
Amigos Cantina,
632 10th St. E.

Tupelo Honey
Rock Bottom,
6341 Broadway Ave.

Deuces Wild
Star's Place,
106-110 10th St. E.

Marty Stuart and His Fabulous
Superchickens
Oakdale Diner Cantina,
204 Oakdale Drive W.,
Whitby

Slight to Skins presents:
Slits w/ These Badstars, His
Mart Tins and Steve Davis
Melanes

The Underground Cafe,
430 20th St. W.

Sun., Aug. 3

Bruce Mars
Credit Union Centre,
3075 The Forks Ave.

Paul Kishik
Who Drew a Pismo
Buds on Broadway,
877 Broadway Ave.

Deuces Wild
Star's Place,
106-110 10th St. E.

Mon., Aug. 4

Ross Hudson Band
Buds on Broadway,
877 Broadway Ave.

Mathews Sparks
presents: **The Backbeats**
Beaumont TBM & Records,
100-220 Third Ave. S.

Tues., Aug. 5

Ross Hudson Band
Buds on Broadway,
877 Broadway Ave.

ART

Maxwell Art Gallery
Unit 202, 1445 10th
Squadra Ave. S. Summer ex-
hibitions. *Combed Out* by
in the Company of Emily Carr;
Symphonic Magic, examining
the Canadian northland
from diverse perspectives, A
Vital Force, works from 1933-
53 by the Canadian Group of
Painters. The Artists by Artists
Mentorship Program reflects

Sean Weigert's work with
his mentor, Mole Linnée.

Affinity Gallery
Unit Sept. 1 at 813 Broadway
Ave. A Show about Nothing:
Works by Emma 2014
International participants and
invited artists. Reception July
30, 7 p.m. to 9 p.m. The Emma
International Collaborative is
a conference series that gathers
100 artists from around the
world, runs July 31 to Aug. 7.

Black & Spanish Gallery
Unit July 31 on Highway 2
Northside. A daughter of
mother and daughter Gertrude
Hunker and Corinna Schuler.
The works are reflections of
the local's heart and surround-
ing landscape. The Man
Who Pretend show runs Aug. 1-14.

The Storefront Gallery
Unit Aug. 29 at 234 20th St. W.
Power Company's A print
and poster exhibition of local
and national artists and de-
signers. Opening reception July
31, 7 p.m.

Gordon Sculpture Gallery
Unit Aug. 1 in Room 191 of the
University of Saskatchewan's

Murray Building, Printed
Matters Now, Contemporary
Saskatchewan Printmakers in
Conversation with University
Archives & Special Collections
DIFFUSION runs Aug. 4-8. An
evening of the photographic
work of international artist and
writer C. Lee Lussau. Reception
Aug. 7, 7 p.m. to 10 p.m.

The Skull Gallery
Unit Aug. 1 at City Parks, 801
Seventh Ave. N. New works
by Henry van Seters. New
works by Jay Simpson are on
display until Aug. 15 at Col-
lective Coffee. Reception Aug. 15 W
An artist reception and show,
with works by Cindy Pollins,
Yn Hauer and Jackie Miller,
runs until Aug. 20 at Arts, 245
Second Ave. N.

Prints Star Gallery
Aug. 1-31 at 1788 Eighth St. E.
Printmaking Society. Views from
the Edge of the Ten Goods.
Printings by Garry Morris.
Opening reception Aug. 16, 7
p.m. to 10 p.m.

Void Gallery
Unit Aug. 2 at 2-1000 Eighth
St. E. Borden by Michel
Séniel. Works: Paintings of the

Canadian Rockies, with jet
lines drawn overtop to predict
urban sprawl and industrial
takeover.

SCVP Gallery
Unit Aug. 8 at 203 Third Ave.
S. Welcoming on the Wild Side by
Garry Potter. An art show about
animals and characters based
on animals on canvas. Reception
Aug. 6, 6 p.m. to 9 p.m.

The Gallery at Phoenix
Mentor Central Library
Unit Aug. 14 at Phoenix Men-
torship. Face-lime by
Tyron John Adams. Paint-
ings examining the creative
possibilities of ambiguity and
 juxtaposition.

Hand House Gallery
Unit Aug. 16 at 480 Third
Ave. S. *Musicals*. The Bones of
it, ceramic sculptures by Anita
Kocanovic.

Pixel Arts
Submission deadline is Aug.
29, 5 p.m. at 424 20th St. W. or
artisticpixelarts.ca. Join
the artists. Call for submissions.
Open to all Saskatchewan-
based artists, film or media
artists. We are looking for
short video or film works to be
screened as part of the 2014
Culture Days Festival on
Sept. 27 at 8 p.m.

Halfing Five Art
Unit Aug. 30 on the eighth
floor of the Delta Business-
ough Hotel. The mixed media
show of Aboriginal artist
Maurice Stralaglow.

Station Arts Centre,
Southside
Unit Aug. 30 at 701 Railway
Ave. *Reclaiming*. Northern Land-
scapes by Miki Whitman,
Carm Forrester, Greg Hensler,
Ren Frolicher, Roger Trotter,
Mark Van Nieuwen. Opening
reception July 31 after the opening
night of the summer theatre
production of *Hill's Yard*.

What you need to know to plan your week.
Send events to bridges@thestarphenix.com

EVENTS

Art in the Centre at Penbridge Centre
Through August at 10
Greener Circle Works
by Mistaken and Friends

Mereworth Valley Centre Gallery
Through August at 432
Third Ave. S. Take a
walk With Me, video of
Saskatchewan by Patricia L. Clarke. Original
water colours inspired by walks and travels
along the Mereworth Valley and beyond

Humboldt and District Museum and Gallery
Until Sept. 31 at 601
Main St., in Humboldt. Two Perspectives,
poetry and paintings by Mel Boim and Karen
Holden. "Saskatchewan
Sketches Quilt Block
Challenge" runs until
Sept. 31

Likiepian Museum of Canada
Until Oct. 5 at 110
Sawden Cres. S. Dymiro
Singh: The Colours
of His World. Description
and scoring of the
documentary The
Antennae Adventure
will be held on a Friday
in September at 10 p.m.

FAMILY

Stars and Stripes
Through September, 10 p.m., at
Ganges Cinema in The
Cave. Choice of two
movies each week. A
baby-friendly environ-
ment with lowered vol-
ume, dimmed lights, a
changing table and
stroller parking is select
theatre.

**Agriculture in the
Countryside at Pioneer
Gardens Program**
Tuesday to Fridays



The Bones of It by Aerie Roussion is on display at the Hand Werk Gallery

through August. A
free all ages drop-in
program. Activities
and games surround-
ing gardening, healthy
eating, sustainability,
and cultural perspec-
tives. Tuesday, 1 p.m.
to 3 p.m., at Mayfield
Community School
and Sutherland Vir-
ginia Drive Community
Garden, Wednesdays,
1 p.m. to 3 p.m., at
Confederation Park
Community School
and St. John School,
Thursdays, 1 p.m. to 3
p.m., at Westmount
Community School
and St. Anne School,
and Fridays, 10 a.m.
to 12 p.m., at St. Marie
Goretti Community
School and 1 p.m. to 3
p.m. at Vincent Massey
Community School. Call
306-933-5530 or email
kathy@afrc.sk.ca.

**Fun Fantasy below
Playground**
Daily at 1630 Quebec
Ave. A park indoor
playground for young
children. Adults and
children under one
year are free. There is a
separate fenced-in area
for children under two.

Children's Day Centre
Daily at Lawson Heights
Mall. A fun, safe, envi-
ronment for preschool
children to play. Please
note this is a non-
personnel play area, and
adults must stay with
and supervise children
at all times.

**Market Mall Children's
Play Centre**
Daily (just off the food
court) at Market Mall.
This play area is free
and has different level
slides. Children must
wear socks in the play
area.

**Puppets at the Merri-
A Sakekaton Story**
July 31, 1:30 p.m. to
3:30 p.m., at the Merri
A Sakekaton, 328 18th St.
E. Presented by staff
from Mereworth Valley
Centre. A story about
the early years of Sas-
katchewan. Donations
are appreciated. Infor-
mation at 306-665-6887,
aah@mereworthvalley.com.

Breadheating Cafe
Thursdays, 10 a.m.
to 11:30 a.m., at
Mereworth Primary
Health Centre, 331

Highland Dr. A drop-
in support group for
breastfeeding women.
Sessions will be fa-
cilitated by a lactation
consultant with a brief
educational presenta-
tion, and time for inter-
action with the other
mothers.

Movies for Monkeys
Thursdays, 1 p.m., at
Rainbow Cinema in
The Centre. An infant-
friendly environment
with infant-sized
chairs, tables, bottle
warming and stroller
parking.

**Canadian Light Source
(CLS) Public Tours**
Thursdays, 1:30 p.m.,
at the Canadian Light
Source, an unreserved
ticket. The application
research facility is open
for the public. Free-
admission is required. Call
306-607-3845, email
enrich@cls.ca or visit
lightsource.ca/education-
public_tours.asp

**Pre-natal Yoga
Summer Session**
Until Aug. 26, Thurs-
days at 7 p.m. and
Sat. days at 11 a.m., at

Balance With an Energy
and Wellness, 308 Third
Ave. S. Six-week classes
taught by Nini Zoot.
A safe and nurtur-
ing environment for
moms-to-be. Prepare
for the birthing process
through breath-work,
relaxation and medita-
tion techniques. To
register email freedom-
m@wellnessyoga@gmail.com.

**Pewky Artisticthe
Summer Kids Camp**
Until Aug. 1 at Fort
Arbuthnot Studio. For
ages eight to 12. Dis-
cover elements of art,
use many media types
and sources, explore
one technique and
application, learn art
history, and keep a daily
sketchbook. With a
field trip to the Menden
Art gallery. To register
email farkyartisticthe@gmail.com.

Summer Kid Camp
Until Aug. 1 at the U of
S Education Building.
Presented by the Sas-
katchewan Band As-
sociation. Junior camp
for kids up to Grade
five, senior camp for
Grades nine to 12. Visit
askidcamp.org.

**Living History Young
Baker Camp**
Until Aug. 1, 1 p.m.
to 4:30 p.m., at the
Weston Development
Museum. Experience
the work and play of
the pioneers. Bake
bread, make butter
and ice cream, grind
wheat, sew, knit, spin,
milk a cow, guess
stories, crafts, and learn
about different kinds
of transportation. Visit
weston.ca/baker-camp-
register.html

AVAR Summer Camp
Until Aug. 1 at Williams
Studio in the U of S
Williams Building. Art
camps for kids ages five
to 15. Weeks-long day
camps where kids learn
techniques in drawing,
painting, printmaking,
mixed media, sculpture
and photography. Visit
covek.studio.ca/vars-
camp. To register call
306-966-5539.

Shop 'n' Bowl
Fridays, 5:30 a.m. to
10:30 a.m., meet in
front of Customer
Service at The Mall
at Lawson Heights.
Glasses consist of
power-walking, body-
sculpting, moving along
exercise tubing and a
socializing for parents
and babies. Pre-arrange
at numbers and e-mail
fitness@ncc.ca. No classes
on start holidays.

Golfing Time for Mom
Fridays, 10 a.m. to 12:30
p.m., at Bickab Bobab
Box, 11-103 Central Ave.
Malmgren is a free up-
or-down while children
play in the playground.

Baby Talk at 52%
Fridays, 10:30 a.m., at
Alles Turner Branch,
Mondays, 10:30 a.m., at
Cargile King Branch and
at Wood Branch, and
Tuesdays, 10:30 a.m.,
at Cliff Wright Branch.
Half-hour singing and
rhymes, sing along
with other parents.

Mommy and Me
The First Friday each
month, 10:30 a.m., at West
mount Primary. 11-310
Eighth St. E. A one-
project, one-evening
class designed for one
parent with one child.
Meeting, teaching, tips
and ideas. To register call
306-373-3219.

MONTANA'S
COOKHOUSE & BAR
ON 8TH STREET

**ENTER TO WIN A
PILSNER
RIDER BEER
FRIDGE
WITH PURCHASE OF
PILSNER OR
COORS LIGHT
ON GAME DAY!**

Pilsner Coors LIGHT

Rider Talk at 52%
Fridays, 10:30 a.m., at
Alles Turner Branch,
Mondays, 10:30 a.m., at
Cargile King Branch and
at Wood Branch, and
Tuesdays, 10:30 a.m.,
at Cliff Wright Branch.
Half-hour singing and
rhymes, sing along
with other parents.

Mommy and Me
The First Friday each
month, 10:30 a.m., at West
mount Primary. 11-310
Eighth St. E. A one-
project, one-evening
class designed for one
parent with one child.
Meeting, teaching, tips
and ideas. To register call
306-373-3219.

**RIDER PRIDE
LIVES HERE**

EVENTS

Craft and Story Time

Saturdays, 11 a.m. at Indigo Books, 3302 Eighth St. E. in the kids' section. Call 306-344-5392.

Something on Sundays

Sundays, 2 p.m. to 4 p.m. at The Mendel Art Gallery, 930 Southeast One E. Free family fun for ages four to 12, accompanied by an adult. Art-making activities led by gallery artists. Supplies are provided. Aug. 3, free family fun celebrates the civic holiday with Seakoon Shines with Art.

Prenatal Yoga

Mondays, 12 p.m. to 1 p.m., at Pregnancy and Parenting Health Centre, 348 Third Ave. S. Beginner to intermediate yoga designed to help with postpartum recovery. Belly-friendly class with a certified yoga teacher. Suitable for four weeks to two years postpartum. Register at maria@seakoon.com/prenatalyoga. No class on stat holidays.

Prenatal Yoga

Mondays, 8 a.m. to 9 a.m., at Pregnancy and Parenting Health Centre, 348 Third Ave. S. Taught by a doula and certified yoga teacher. Informative and safe for any stage in pregnancy. Call 306-351-0433 or email maria@seakoon.com. No class on stat holidays.

VAS Basketball Kids Camp

Until Aug. 31, 8:30 a.m. to 3 p.m., in Seakooton. For ages seven to 18. Skills development camp, teaching skills, fundamental basketball skills. Features with the North South Treeman Tournament. Aug. 23-23. To register call 306-242-3425 or visit vas.ca.

oCafe Summer Camps

Mondays to Fridays, until Aug. 21, 9 a.m. to 12 p.m. and 1 p.m. to 4 p.m., at 4040 Seakooton, 50-2803 Eighth St. E. Various art camps for kids ages five to 12. Visit ocafe.com.

Bump n Braid Parent and Preschooler Camp

Until Aug. 22 in Seakooton. The camp is designed for parents and their preschool children enjoy active rhythms, games, crafts and activities together. Register at 306-682-1648 or seakooton.com.

Hardcore Hockey Camp

Mondays to Fridays, until Aug. 22 at Butlerford Arena, at the U of S. For ages five to 14. On- and off-ice hockey instruction as well as other daily activities. Visit seakooton.com or call.

Seakoon Army Beaver Creek Camp

Mondays to Fridays, until Aug. 22 at Beaver Creek. Includes music camps, adventure camps, mom's and kids camps, team camp and family

camp. Visit seakootoncamp.ca.

Aglio Discover Day Camp

Mondays to Fridays, until Aug. 22, 9 a.m. to 4 p.m., at the U of S College of Agriculture and Biosciences, 31 Campus Drive. One-day camps are four-day camps. Campers must bring a lunch. Register at aglio.uconn.edu/community-resources/discovery-program.php.

Sci-Fi Science Summer Camp

Mondays to Fridays, until Aug. 22, 9 a.m. to 4 p.m., at the U of S. Science camps, technology camps, computer science camps, medical science camps and veterinary medicine camps. Visit seakootoncamp.ca.

Summer Art Camp

Mondays to Fridays, until Aug. 22, 9 a.m. to 4 p.m., at Mendel Art Gallery. For ages six to 12. Draw, paint, collage, design, build, imagine and play. To register call 306-595-8467 or email tpromell@mendel.ca.

Summer Biology Camp for Kids

Mondays to Fridays, until Aug. 22 at the U of S. Various five-day camps for kids ages eight to 11. Visit seakootoncamp.ca and learn about various elements of the environment. To register call 306-958-0008.

Living History Children's Workshops

Mondays to Fridays, until Aug. 22 at the U of S Museum of Antiquities. For ages six to 12. Activities, art projects, crafts, games and workshops featuring the culture of the ancient and medieval world. Visit seakootoncamp.ca/index.php.

Seakooton Zoo Summer Camps

Mondays to Fridays, until Aug. 22 at the Seakooton Zoo. For kids ages seven to 14. Spend a week at the zoo and get to know the animals. Hands-on experiences, crafts and games. Ring lunch and snacks are required Monday to Thursday with a sausage lunch Friday. Visit seakootoncamp.ca.

Seakooton Sports Camps

Mondays to Fridays, until Aug. 22 at the U of S. For ages 12-17. Wrestling, basketball, contact football, volleyball, and water soccer camps. To register call 306-956-1061 or visit seakootoncamp.ca or seakootoncamp.ca.

Seakooton Kids Day Camp

Mondays to Fridays, until Aug. 22, 9 a.m. to 4:30 p.m., at Wenlockville Heritage Park. For kids ages seven to 12. Exploring, crafts, first nations history and entertainment. Healthy snacks and lunches are included. To register call 306-591-5207 ext. 244, or email cameron@mcneil.com or visit www.seakooton.ca.

Thank you, Seakooton.

We are proud to deliver the content you trust in print; online on your desktop, tablet and smartphone; and through social channels as part of your day.

With 154,000 readers each week, we have continued to evolve as part of this community for more than 110 years.



*Source: Nielsen 2013 print and web; print/circulation data: 2013 circulation: 154,000.

IF YOU'RE A SUBSCRIBER, ACTIVATE YOUR DIGITAL ACCESS FOR FREE



NOT YET A SUBSCRIBER? SUBSCRIBE TODAY.



Available now at the-star-phoenix.com/apps

Available on the App Store and Google Play

The StarPhoenix

154,000 print/circulation readers per week (2013) 154,000 print/circulation readers per week (2013)

EVENTS

Canine Hockey Camps
Various camps Mondays to Fridays, until Aug. 29. For kids ages seven to 12. Players must wear full hockey equipment. Visit potash.com/summer/hockey-camps.aspx, call 306-955-3606.

Children's Activity Camps
Mondays to Fridays, until Aug. 29, 9 a.m. to 4 p.m., at the U.S. Open, hosted by the College of Kinesiology for ages five to 12. Various activities in full- or half-day camps are available. Visit potash.com/usa08. To register, call 306-955-1931.

Edible! Edible! Ice Creams
Mondays to Fridays, 10:30 a.m. to 4:00 p.m., at Edible! Edible! Inc., 102 Central Ave. With a wet area, kitchen and shopping centre, shops and shopping carts, popular theatre, stage and crafts. To book groups, or to check for availability, call 306-361-4701 or email info@potash.com/edible.

Flag Football
Tuesdays, 9:30 a.m. to 11:30 a.m., at Grace-Westminster United Church, Hosted by Pease Heights Learning Community, a group of families inspired by a World! philosophy. Programing is aimed at children ages two to five, but all ages are welcome.

Freestyle Story Time
Tuesdays, 10:30 a.m. to 11 a.m., at Munley-Baldwin, 2330 Eighth St. E. For children ages three to five in the Circle of Trees. Call 306-955-1477.

Meatless Tuesdays
Tuesdays until Aug. 26, 7:30 p.m. to 9:30 p.m., at Pease and Potash Health Centre, 333 Third Ave. S. A comprehensive children's education series, inspiring parents for the birth of a child. Register via potash.com/usa08.

Meatless Tuesdays
Tuesdays and Thursdays until



The 20th Annual Potash-Cap-Forge Theatre Festival closes July 31 to Aug. 9 on Broadway Avenue.

Aug. 28, Mondays, along the Muskegon Trail. About two hours and get a whole body workout. To register and for start times/location call 306-302-3618 or email saskatoon@potash.com. Visit potash.com/usa08 for more information on Facebook.

Can-Am Gymnastics Camps
Until Aug. 28 at 3062 Mitchell Avenue. Various schedules for ages two to 16. Visit canamgymnastics.ca.

BEACH & BODY! Saskatoon
Regular after-school programs, supervised classes and camps for kids of all ages at various locations in Saskatoon. An atmosphere for students to build unique friendships, play games, and have fun using USOPG beach toys. Visit beachandbody.ca. Call 306-970-3703.

Saskatoon Public Library Programs
Ongoing daily programs for children and teens, find the calendar at saskatoonlibrary.ca/children/006.

SPECIAL EVENTS

Walk on Wednesdays
Wednesdays through August, 10:30 a.m., starting at the McCreesh Building. History information walks with a Newswatch program staff member.

July 29, History Along the River. For information call 306-663-4928.

Wentworth Campus Youth Wednesdays and Sundays
1 p.m. to 3:30 p.m., through August, starting at the Wentworth Campus Centre. A leisurely walking tour of the U of S campus, highlighting history, architecture, and landmarks. For information or to reserve a spot call 306-966-6384, or email del.centre@usask.ca.

Gemmy Night
July 30, 8 p.m., at Capital Music Club, 244 First Ave. N. Featuring comedian Kelly Taylor.

Wings & Comedy
July 30, 8 p.m., at Capital Music Club, 244 First Ave. N. Featuring comedians Mike Cameron. For reservations call 306-934-4444.

Saskatoon Yellow Jackets Home Game
July 30, 7:30 p.m., at Celis Field, 1003 Ave. P. S. Playing against the Edmonton Capitals. Visit saskatoonyellowjackets.com.

Barnyard Ladies
July 30, 7:30 p.m., at Brimacombe Gardens. Kick-off at the Cowan Arts Concert Series. Tickets at barnyardladies.com. Proceeds will benefit the Royal

University Hospital Foundation.

Dancing in the Park
Wednesdays until Aug. 6, 7:30 p.m. to sunset, at the River Landing Amphitheatre. Informal, social dancing with the Saskatoon Scottish Country Dancers. Visit dancinginthe.org.

Big Dancers
Thursdays through August, 7 a.m., by the Jean Corbelle. Various performances in Kiwanis Park, Saskatoon International Palladium Club (SIC) dances. Learn dances from many countries around the world. No admission. Visit sic.ca/award.aspx.

Saskatoon Kickapoo
Aug. 1, 4 p.m. to 10 p.m., Aug. 2, 10 a.m. to 10 p.m., and Aug. 4, 10 a.m. to 10 p.m., at Deerfield Park. Organized by the Rotary Club of Saskatoon and Big Brothers & Big Sisters of Saskatoon. With fitness competitions, live entertainment, a kids' fun zone, 50/50 draws, food and craft vendors, and beer vendors. Featuring live music, Flathead (with Alex Band), and live blues. Membership Admissions Free. Funds raised will support local and international projects. Visit saskatoonkickapoo.com.

Live Thoroughbred Racing
Aug. 1, 2, 7 p.m., at Emerald Downs. Live horse racing is a true sporting site.

The Loving Heart Melbourn Melbourn Heart Shrine Race
Aug. 1, 6 p.m. to 8 p.m., for opening ceremony, Aug. 2, 10 a.m. to 10 p.m., at Oshin House, Yapa Ridge, 9125 Highway 16. An exhibition of relics from the historical battle and many other Buddhist masters from India, Tibet, Korea and China. With personal discussions all day. Admission is free. Visit melbournheartshrine.com.

The Fabulous '50s and '60s
Aug. 1, 6:30 p.m. to 8 p.m.,

show an all-star, at Auditorium Square, 3621 Louise St. A tribute to Elvis. Tickets at 306-334-6330 or at the door. Funds raised support Native Legion.

Meowin in River Cinema
Aug. 1-3, around 5 p.m., in Friendship Park. Watch movies on an outdoor big screen. The Lego Movie on Aug. 1, Jumanji on Aug. 2, and The Amazing Spider-Man 2 on Aug. 3. Presented by Scotiabank, bring blankets, lawn chairs and bug spray. For information call 306-955-6666.

A Sonnet's Approach to Dance
Aug. 10-11 at First River Dance Centre, 224 25th St. N. Learn direct through Laban movement and sonnet form. Includes hands-on exercises. With Carrie Redick. A professional development workshop for dance artists and educators. Register by Aug. 1. daned@redick.com. Visit redick.com.

River Landing Market
Saturdays until Oct. 4, 8 a.m. to 2 p.m., at 100 Riverfront. With Saturday markets alongside the Campy Market. A wide variety of art, imports, home furnishings, fashion and décor.

SHS Passport Tour
Aug. 2, 10 a.m. to 4 p.m., in Saskatoon. Hosted by the Saskatoon Horticulture Society. Self-guided tour of some of Saskatoon's best parks. The winner of the City Garden competition will be featured. Participants detouring garden locations can be picked up at Dutch Gardens or Emily's Garden Centre. For information call 306-281-8981 or 306-268-7000. Tickets \$10. Visit saskatoonhortsociety.com.

Stanley Cup visits Saskatoon
Aug. 3, 2 p.m. to 4 p.m., at Kiwanis Memorial Park, L.A. Ring's arrival will bring the Stanley Cup to the park. People can see the Cup and get

photos. Basing funds for the Janet Scott Patient Comfort Endowment Fund for children and their families at Royal University Hospital. Donations are encouraged.

Peace Paces: Shorts & T-Shirt a Pair
Aug. 3, 10 p.m., at Ottavians Event Centre, 261 Second Ave. S. Featuring DJ Scott Turner and DJ Heywood WHP. Coffee-house food, dance competitions, and prizes.

Eighth Annual Okotoks Dunes Casino Showcase
Aug. 5-7 at Okotoks Dunes Casino. Celebrate First Nations culture and heritage through mask dance performances.

Saskatoon Exhibition
Aug. 8-10 at the Saskatoon Exhibition Grounds at Fairview Park. Rides, games, a petting zoo, the strongman competition, live music, vendors. Visit saskatoonex.com.

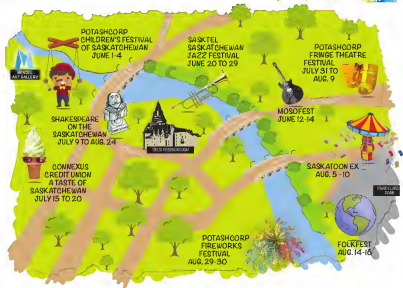
THEATRE

25th Annual Potash-Cap-Forge Theatre Festival
Produced by the Pease Heights Learning Community, a group of families inspired by a World! philosophy. Programing is aimed at children ages two to five, but all ages are welcome.

Shakespeare on the Saskatchewan
Until Aug. 24 at the Shakespearean Arts, 1000 1st and 1st. The opening of the Shakespearean Arts Theatre in the heart of downtown Saskatoon is a historic event. The opening of the Shakespearean Arts Theatre is a historic event. The opening of the Shakespearean Arts Theatre is a historic event.

David Wright and his company will perform Shakespeare's Twelfth Night and The Merchant of Venice.

The StarPhoenix FESTIVALS SASKATOON



FOLLOW US ON:  

#YXEFEFEST

The StarPhoenix is your source for complete summer festival coverage:

- Review
- Video
- Previews
- Photo Galleries
- Schedules
- And Much More!

TheStarPhoenix.com/festivals

FASHION YXE

What's your favourite look for outdoor festivals?

Send a note to bridges@thestarphoenix.com

® SASKATCHEWAN FASHION

Beryl Wong: Colourful couture

By Ashley Martin

Beryl Wong is a brilliant designer — just look at the outfit she's wearing today. But the one to use as the criterion that started her on this path.

"I love Hellmuth, so I would always want to do something a little more edgy, but also softer, like," says Wong, whose penchant for design begins with costumes. "I think the first costume I did was an anime, a character from a Japanese cartoon, and it was a silver space suit. I got a huge trip to go talking with it, and I actually was first grade at the time for the costume contest which I thought was amazing."

Wong didn't start sewing until university when she got a hand-me-down sewing machine from a friend's mother. To that point Wong held only a casual interest in fashion.

"When I was growing up, I didn't love fashion. Some of the other designers say that they used to make clothes for their Barbie and I guess I played with the Barbies but I never really went as far as making clothes play there."

The more from costumes to everyday looks came about from a desire to feel feminine than other women. She didn't want to sleep in slacks that offered such similar options for dress.

"It's always the same or very close you go to and I just knew that somebody knew would eventually like the same thing as me, so that's how I started to make my own dresses and then other people started to take an interest."

One of those people was Saskatoon's Fashion Week co-ordinator, Danyse Russell, who asked Wong to apply for the show. She showcased her collection in 2010 and 2011.

While she enjoys design, Wong is in no hurry to pursue it full time.

"I actually really like my day job as well," says Wong who works as a social media coordinator for SeaTiki.

"It allows me the freedom to pick up sewing projects when I want to."

For now, that means a few requests a year (including work for Hillberg & Berk's colleagues and bookends). But her own wardrobe keeps her busy the rest of the time.

I know this rule that I made for myself a couple years ago that if I think I can make it, I'm not allowed to buy it," she says. "If I find something that has a lot of detail or is in a fabric that I can't easily source, then that's when I tend to buy it."

"The things that you can get in stores here are not really like the couture or the more complicated, downy you find in fashion shows, so I always want something with a little bit of detail or maybe more colour and get it."

Whether it's bright or muted, Wong gravitates to colour. "I think that black is kind of boring."

Her shopping trips take her through the Corvair Centre (proximity to her workplace) and two tucked-away boutiques in the Warehouse District, Shopping



bridges@thestarphoenix.com
@THESTARPHOENIX

FASHION



TODAY'S OUTFIT

1. BEE STATEMENT NECKLACE

Hilberg & Berk. Those chunky and I love statement pieces, and sparkly too. My husband calls me the short, it's kind of like a necklace!

2. CROPTOP Her own design. "I took a dress and I just cut off the top of it. I used the pattern from the top to make a top instead of a dress." She paired it with "high-waisted skirt to make it office-appropriate so you can't have any belly sticking out."

3. OTHER JEWELRY Gifts from her husband Erik. "I want

to like to get jewelry for me for presents. We've been together for seven years so it adds up."

"She wears these same sentimental pieces every day. 'I'm going somewhere I can have big outdoor rigs and other bracelets that I can add on'."

4. SKIRT Her own design

"It's like a paper bag style, so it's less off-putting a rectangle that's folded in on the sides."

"She sources her fabric locally from Fabeland or gets it on trips to Creative Supply while in Vancouver."

5. SHOES "I have very small feet so I try to find shoes in town and it's really hard. I found a few brands that I knew fit me so I just order them online," says Wong. But walking to and from work every day she does something a lot more particular. "I have several pairs of Birkenstocks that are my walking shoes because they're comfortable but they don't look like runners."



WINE WORLD

#SASKATCHEWAN WINE SCENE

Drink Cinzano over ice with a slice of orange

By James Romanow

Rather to my surprise, gin has started to become trendy in the last couple of years. It might soon replace vodka. Here, more shock me a first one of the standard top cocktail in the Niagara.

For those of you arriving late to the party the drink is composed of equal parts gin. Can you see and sweet vermouth.

Cinzano is a variety of sweet vermouth infused with a great deal of bitterness. Some people really like it but for most it is too bitter so an aperitif. All vermouth has a fair amount of extraneous built in — it takes a few sips to get the hang of the stuff. It has a healthy shot of sugar to balance the bitterness.

At least it is a little red wine, cheaper than barrel and a very easy going aperitif drink. (As it turns out it is full of antioxidants that will ensure you live forever. Honest. I swear.)

If you have not the Champs you have a sweet martini (it is the drink Gin and It). All Gin and It does are gin lovers as the tale here, and used to make the same somewhere between two parts gin to one vermouth.

I drink my vermouth straight these days. Each one tastes a little different due to different barrel varieties. I reject to Cinzano more than any other brand. It is reliable and prob-



ably at this point, as each of a cocktail list set of flowers as anything but.

There's some martinis and other ask Gin and It from the west, and that dry colorful flash from the vermouth. Over ice with a slice of orange the living is easy.

Dariusz Bessa Vermouth \$14.99 ****

More wines, cocktails and beer on Twitter @dbruce.

Crossword/Sudoku answers

LUNG	AMEN	RAIDE
OPER	ROAR	UNDER
FLUX	LISTS	SABER
TIMBER	SSWORKERS	
STONE	ONROY	
MOTH	OSU	ARE
FRAY	HAM	GTSCAN
LISTER	CSPELLING	
MASHED	GIN	ADDS
OST	GUN	VERP
SODORI	ESTEL	
MUTH	ISTAGTICS	
OCHOA	AS	TIPO
ALLAN	ALINA	CMEL
MARIO	TEAR	KNOX

6	5	4	7	3	8	1	9	2
1	7	9	5	6	2	8	3	4
3	2	8	4	9	1	5	6	7
7	1	3	8	5	6	2	4	9
5	8	6	2	4	9	7	1	3
4	9	2	3	1	7	6	8	5
2	4	7	6	8	3	9	5	1
9	6	5	1	2	4	3	7	8
8	3	1	9	7	5	4	2	6

Show the Champs your Rider Pride!



Get more of your local news delivered to your door, computer, tablet and smartphone



The Centre - Saskatoon

\$25

Order The StarPhoenix All Access Subscription for just \$26/month and receive a bonus \$25 Rider Store gift card.

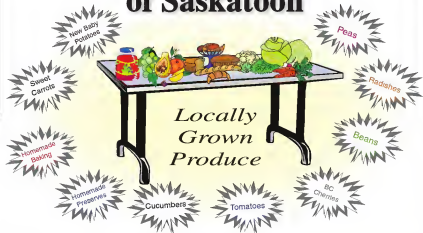
Call 306-657-6320 and quote offer code RIDERS or visit thestarphoenix.com/subscribe

Already a subscriber? You are automatically entered to WIN a \$100 Rider Store gift card.

The StarPhoenix

*Offer available to new subscribers who have not yet used home delivery for 45 days. Cannot be combined with any other offer. Subscriptions must be paid via the StarPay plan, charged to your credit card monthly for a minimum of 12 months. Delivery will continue until you advise us otherwise. Please allow 4-6 weeks for delivery of the gift card. If you cancel before your month, you will be charged for the value of the gift card. Current subscribers will see entrance when a \$100 Rider Store gift card. Offer expires August 31, 2014.

Community Farmers Market of Saskatoon



Locations: London Drugs on 8th Street - Tuesdays & Fridays
Peavey Mart on 51st Street - Thursdays

Bringing a Slice of the Country to the City

Hours of Operation: 9am to 4pm

